



INTERNATIONAL SKI FEDERATION Cross-Country Skiing

A. EVENTS (12)

Men's Events (6)	Women's Events (6)
Men's 15km + 15km Skiathlon Men's Sprint Free Men's Team Sprint Classic Men's 4 x 10km Relay Men's 15km Classic Men's 50km Mass Start Free	Women's 7.5km + 7.5km Skiathlon Women's Sprint Free Women's Team Sprint Classic Women's 4 x 5km Relay Women's 10km Classic Women's 30km Mass Start Free

B. ATHLETES QUOTA

B.1 Total Quota for Sport / Discipline:

	Qualification Places	Host Country Places	Total
Men	144	4*	148
Women	144	4*	148
Total	288	8*	296

* Athletes must fulfil the requirements defined in article C.

B.2 Maximum Number of Athletes per NOC:

	Quota per NOC	Event Specific Quota
Men	8	4 per individual event 1 team per team event
Women	8	4 per individual event 1 team per team event
Total	16	

B.3 Type of Allocation of Quota Places:

The quota place/s is/are allocated to the NOC and is/are gender specific. The selection of athletes for any quota place(s) are at the discretion of the NOC subject to the eligibility requirements.



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C. ATHLETE ELIGIBILITY

All athletes must comply with the provisions of the Olympic Charter currently in force included but not limited to, Rule 41 (Nationality of Competitors) and Rule 43 (World Anti-Doping Code and the Olympic Movement Code on the Prevention of Manipulation of Competitions). Only these athletes who comply with the Olympic Charter may participate in the Olympic Winter Games Beijing 2022.

C.1 Age Requirements:

All athletes participating in the Olympic Winter Games Beijing 2022 must be born before 1 January 2007 in accordance with [Article 341.1.5: Age Categories of the International Ski Competition Rules \(ICR\)](#).

C.2 Medical Requirements:

To be eligible to participate in the Olympic Winter Games Beijing 2022, all athletes must satisfy the medical requirements in accordance with [Article 221: Medical Services, Examinations and Doping of the International Ski Competition Rules \(ICR\)](#).

C.3 Additional IF Requirements:

C.3.1 A Qualification Eligibility Criteria

Athletes who have a maximum of 100.00 Distance FIS points (on the list published on 17 January 2022) are eligible for selection by their NOC to participate in the distance and/or sprint events.

C.3.2 B Qualification Eligibility Criteria Distance

Athletes who have a maximum of 300.00 Distance FIS points (on the list published on 17 January 2022) are eligible for selection by their NOC to participate in the 10 km (ladies) or 15 km (men) events and team events (relay and team sprint).

C.3.3 B Qualification Eligibility Criteria Sprint

Athletes who have a maximum of 300.00 Sprint FIS points (on the list published on 17 January 2022) are eligible for selection by their NOC to participate in the sprint event and team sprint.

C.3.4 Qualification eligibility in the different Cross-Country events

Sprint	10/15km	Skiathlon & 30/50km Mass Start	Relay	Team Sprint
< 100 distance points* or < 300 sprint points*	< 300 distance points*	< 100 distance points*	< 300 distance points*	< 300 distance points* or < 300 sprint points*

*Points on the FIS points lists (Distance or Sprint) published on 17 January 2022

C.3.4.1 Participation in the Relay (4 x 10km Men and 4 x 5 km Women):

For the relay events, each NOC is allowed to use a maximum of one (1) athlete per gender from Biathlon or Nordic Combined who is already qualified and entered in their respective event at the Beijing 2022 Olympic Winter Games. These athletes must have a valid FIS Code and meet the athlete eligibility in **C.1**, **C.2** and Relay eligibility as outlined in **C.3.4** in order to start.



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D. QUALIFICATION PATHWAY

QUALIFICATION PLACES

Within the maximum of eight (8) athletes per gender per NOC and up to a maximum of 148 Cross-Country Skiing places per gender, quotas will be allocated per NOC as follows:

Number of Quota Places	Qualification Event										
D.1:	<p>D.1. Basic Quota</p> <p>Within the maximum of one (1) athlete per NOC and per gender the basic quotas will be assigned as follows:</p> <p>D.1.1 Basic quota male</p> <p>The basic quota for one (1) male athlete will be assigned to all NOCs who have at least one (1) male athlete scoring less than 300 FIS points (including penalty) at one (1) individual competition held at the FIS Nordic World Championships 2021 (including the qualification race) or at the FIS Under-23 World Championships 2021.</p> <p>D.1.2 Basic quota female</p> <p>The basic quota for one (1) female athlete will be assigned to all NOCs who have at least one (1) female athlete scoring less than 300 FIS points (including penalty) at one (1) individual competition held at the FIS Nordic World Championships 2021 (including the qualification race) or at the FIS Under-23 World Championships 2021.</p>										
D.2:	<p>D.2. NOC Quota</p> <p>The number of athletes per NOC and per gender is calculated according to the FIS Cross-Country Nation Rankings 2020-2021 (calculation rules will be published in June 2020) per gender as follows:</p> <table border="1"> <thead> <tr> <th>RANK (Nation Ranking per gender)</th> <th>QUOTA (for the respective gender)</th> </tr> </thead> <tbody> <tr> <td>1 - 5</td> <td>4</td> </tr> <tr> <td>6 - 10</td> <td>3</td> </tr> <tr> <td>11 - 20</td> <td>2</td> </tr> <tr> <td>21 - 30</td> <td>1</td> </tr> </tbody> </table>	RANK (Nation Ranking per gender)	QUOTA (for the respective gender)	1 - 5	4	6 - 10	3	11 - 20	2	21 - 30	1
RANK (Nation Ranking per gender)	QUOTA (for the respective gender)										
1 - 5	4										
6 - 10	3										
11 - 20	2										
21 - 30	1										
D.3:	<p>D.3 Remaining Quota places</p> <p>The remaining quota places, up to the maximum total of 148 per gender, will be allocated to NOCs based on the FIS Cross Country Nation Ranking 2020-2021 per gender in four (4) allocation rounds:</p> <ul style="list-style-type: none"> • Round 1: the allocation will be made by assigning one (1) quota place per nation ranked from 1 to 5 from the top of the standing downwards; • Round 2: the allocation will be made by assigning one (1) quota place per nation ranked from 1 to 10 from the top of the standing downwards; • Round 3: the allocation will be made by assigning one (1) quota place per nation ranked from 1 to 20 from the top of the standing downwards; • Round 4: the allocation will be made by assigning one (1) quota place per nation from the top of the standing downwards; 										



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Number of Quota Places	Qualification Event
	During this process once an NOC has achieved the maximum total number of eight (8) places per gender it will no longer be counted and the next eligible NOC on the FIS Cross-Country Nation Ranking 2020-2021 per gender will be allocated a place.

HOST COUNTRY PLACES

In case the host country is not allocated a total of four (4) quota places per gender according to D.1, D.2 and D.3, it will be allocated additional quota places until four (4) athletes per gender is reached. Athletes must meet the athlete eligibility as described in **Section C**.

E. CONFIRMATION PROCESS FOR QUOTA PLACES

The confirmation process for quota places will be carried out via the FIS online system. Each NOC will be provided with login details prior to 17 January 2022.

All athletes (including the athletes from the host country) must be eligible according to **Section C**. If an NOC is not able to fulfil its allocated quota with eligible athletes, the quota places will be reallocated according to **Section F**.

All NOCs (including the host country) must confirm the use of their allocated quota places before the confirmation of quota place deadline.

F. REALLOCATION OF UNUSED QUOTA PLACES

REALLOCATION OF UNUSED IF QUOTA PLACES

If an allocated quota place is not confirmed by the NOC by the confirmation of quota place deadline, or is declined by the NOC, the quota place will be reallocated according to Round 4 in **D.3** to the next eligible NOC.

REALLOCATION OF UNUSED HOST COUNTRY PLACES

Unused Host Country Place(s) will be reallocated to the next eligible NOC according to Round 4 in **D.3**.

G. QUALIFICATION TIMELINE

Period	Date	Milestone
Qualification	16 January 2021 – 16 January 2022	Period to achieve FIS points list
	27 November 2020 – 20 March 2021	Period to achieve points for Nation ranking
	23 February – 3 March 2021	FIS Nordic World Championships 2021 (including the qualification race) in Oberstdorf (GER)
	TBD*	2021 FIS Under-23 World Championships
Accreditation deadline	15 October 2021	Beijing 2022 Accreditation deadline



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Period	Date	Milestone
Inform and confirm	17 January 2022	Publication of FIS Points List
	17 January 2022	FIS to inform NOCs and NFs of their allocated quota places and eligibility through publication on the FIS Website and provide the login details to access the FIS online system for confirmation of quota places.
	17 – 18 January 2022	NOCs to confirm use of allocated quota places and participation to FIS
Reallocation	19 - 20 January 2022	FIS to reallocate all unused quota places and NOCs to confirm within 12 hours
Sport Entries deadline	24 January 2022	Beijing 2022 Sport Entries deadline
Games Time	4 – 20 February 2022	Olympic Winter Games Beijing 2022

*To Be Determined